

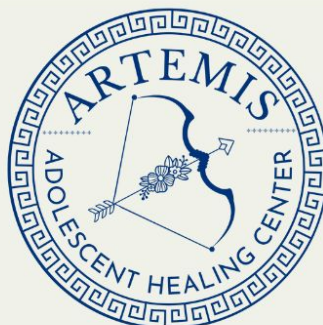
DOES MY TEEN HAVE A CLUSTER A PERSONALITY DISORDER?

This checklist can help parents determine if their teen might have a personality disorder. **Call the professionals at Artemis at 520.614.8647** to discuss results and learn more about receiving professional treatment.

Instructions: Read each statement and check off any signs that apply to your child. .

- ☐ **My teen seems unusually suspicious of others' motives, even trusted adults or friends.**
- ☐ **They often interpret neutral comments or jokes as personal attacks.**
- ☐ **They hold grudges and struggle to forgive perceived slights.**
- ☐ **My child prefers to spend most of their time alone and avoids social interaction.**
- ☐ **They don't seem to care about forming close relationships, even with family.**
- ☐ **My teen shows little emotional expression and seems emotionally flat.**
- ☐ **They have odd or eccentric behaviors that other teens find confusing.**
- ☐ **My child talks about unusual beliefs or superstitions that seem disconnected from reality.**
- ☐ **They seem socially awkward and struggle to maintain eye contact or conversation.**
- ☐ **My child has a deep discomfort with being the center of attention.**
- ☐ **They avoid group activities and prefer solitary hobbies or routines.**
- ☐ **My teen often seems detached from reality or lost in their own thoughts.**
- ☐ **They exhibit paranoia about being watched or plotted against.**
- ☐ **They don't appear motivated by praise, rewards, or social connection.**
- ☐ **My child appears uninterested or unaffected by social rejection.**

If you checked several of these, your child may be exhibiting signs of a Cluster A personality disorder. A professional assessment can help determine whether these behaviors reflect social anxiety, early psychosis, or a treatable personality disorder. Call Artemis Adolescent Healing Center for an assessment at 520.614.8647.



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