

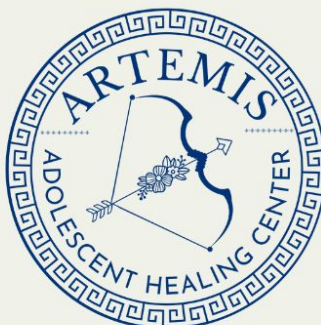
DOES MY TEEN HAVE A CLUSTER B PERSONALITY DISORDER?

This checklist can help parents determine if their teen might have a personality disorder. **Call the professionals at Artemis at 520.614.8647** to discuss results and learn more about receiving professional treatment.

Instructions: Read each statement and check off any signs that apply to your child. .

- ☐ My teen has intense mood swings that seem unpredictable or extreme.
- ☐ They frequently feel abandoned or rejected, even in small social setbacks.
- ☐ Their relationships are often volatile—either overly close or hostile.
- ☐ They express their emotions in dramatic, exaggerated ways.
- ☐ My child craves attention and becomes distressed when they're not the focus.
- ☐ They struggle to maintain friendships because of manipulative or aggressive behavior.
- ☐ They act impulsively, such as risky driving, drug use, or unsafe sex.
- ☐ My teen seems to lack empathy and struggles to recognize others' feelings.
- ☐ They lie, steal, or break rules without remorse.
- ☐ They exaggerate achievements and believe they deserve special treatment.
- ☐ They have a fragile self-esteem that crumbles with criticism.
- ☐ They shift identities or interests frequently to fit in.
- ☐ My child uses threats or emotional outbursts to control others.
- ☐ They feel empty or bored easily and seek constant stimulation.
- ☐ They express suicidal thoughts, self-harm, or intense emotional pain.

If you checked several of these, your child may be exhibiting signs of a Cluster B personality disorder. A professional assessment can help determine whether these behaviors reflect social anxiety, early psychosis, or a treatable personality disorder. Call Artemis Adolescent Healing Center for an assessment at 520.614.8647.



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