ARTEMIS ADOLESCENT HEALING CENTER

Care Transition Checklist Before Age 18

Bring this sheet to a planning meeting. For each item, agree on the next action, who will take it and the date to follow up.

Planning item	Next action	Who	By when
Next provider Was the referral received?			
Therapy Is an appointment confirmed?			
Medication follow-up Who handles refills or questions?			
Care information Which records are needed?			
Benefits and costs Who will check coverage?			
Family or other support Who would I like involved?			
Everyday arrangements Travel, work, school or reminders			
If plans change Who can we contact about delays?			

Before leaving, check which appointments are booked and which still need a call.